



2023

CCACC HEALTH CENTER
ANNUAL REPORT

泛亞醫療中心
年度報告

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ABOUT US 篇目

CCACC Health Center provides a medical home for your health care needs. We collaborate with experienced primary care providers, specialists, mental health and other healthcare professionals to provide one-stop services to ensure the best care and experience for patients and their families.



OUR MISSION

- To provide quality health services for individuals who have difficulty accessing healthcare
- To help patients maintain physical and psychological well-being through health services
- To address health disparities facing our target population
- To apply evidence-based health practices in Eastern culture and introduce it to the greater society



OUR VISION

A community health center that promotes access to health care and addresses health disparities in our community.



WORDS FROM OUR DIRECTOR

KATE LU

DIRECTOR OF CCACC HEALTH

陸惠興

健康醫療中心主任

I extend my heartfelt gratitude to our grantors, volunteers, and donors for your support of CCACC Health Center. Your commitment has been pivotal in enabling us to provide crucial healthcare services and resources to our community, serving those in need. Over the years, we have touched the lives of many.

It was yet another fruitful and productive year in 2023. In this year, our patient care encounters and grant services counts almost doubled that of last year. We couldn't have done it without your support! Together, we've achieved many milestones, overcame countless challenges, and strived to be a beacon of hope. As we continue our mission, we invite you to stand with us. Your continued support will empower us to enhance healthcare accessibility and ensure everyone has access to quality healthcare.

Together, let us build a healthier and more vibrant community.

我衷心感謝所有支持幫助泛亞健康醫療中心的各界人士，您的支持使我們能夠為社區提供重要的醫療保健服務和資源、幫助有需要的人。多年來，感謝您的關注以及盛意資助，使我們能提供許多重要的健康服務、觸及許多人的生活、繼續擴大服務範圍來幫助更多人。

2023年，我們一起見證許多成就、克服無數難題。這一年，接受我們醫療服務以及社區醫療項目的服務人數有了雙重的增長。未來一年，我們將建立一個更寬敞的醫療中心，擁有更多醫療設施，為更多的社區人士提供一站式、更周全的醫療服務。我們希望在未來您能繼續與我們並肩前進，使我們提升醫療服務，確保每個人都能獲得優質的醫療保健。

讓我們一起攜手同行，建立更健康、更有活力的社區。

MEDICAL TEAM 醫療團隊



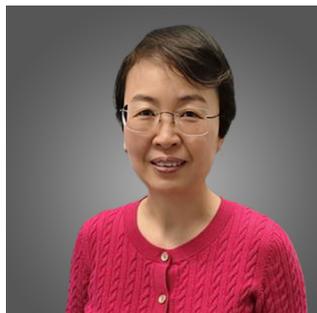
MEDICAL DIRECTOR
醫療主管

YAOLAO ZHU, M.D.
朱躍躍



FOUNDING PHYSICIAN
創辦醫師

MO-PING CHOW, M.D.
周武昇



QIUFANG CHENG, M.D.
程秋芳



XIAOPING SHAO, M.D.
邵曉平



JIHYUN DO, CRNP
都智賢



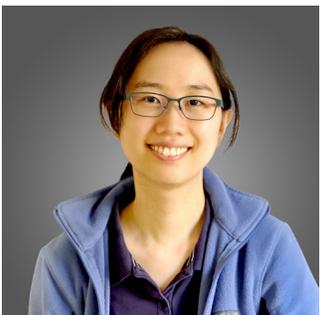
**HENRIETTE
KAMGANG-NOUBISSI, FNP**



KATHERINE LEE, CRNP
李凱鷹



CIXIN WANG, PH.D.
王蕙欣



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方香儀



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徐磊



YANG VERONICA PEI, M.D.
裴洋



WEIMING RYAN YAN, M.D.
嚴偉明



LING CHIN, M.D.
金玲

MEDICAL SERVICES 醫療服務

PRIMARY CARE

CCACC Health provides well-rounded quality primary care services to assist patients in achieving maximum health through acute medical care, preventive services, chronic disease management, and specialty care coordination and referrals.



MENTAL HEALTH



We offer psychotherapy and psychiatric care services to help community members overcome mental health challenges. Our dedicated team of professionals will work with you to create an individualized treatment plan to meet your needs based on your symptoms and goals.

REHABILITATION

Our licensed physical therapist, occupational therapist, and acupuncture therapist help patients maintain physical functions and improve their quality of life through therapeutic services and behavioral interventions.



COMMUNITY HEALTH PROGRAMS

社區健康項目

STOP B PROJECT

Since 2011

The Screening, Treatment, Outreach, and Prevention for Hepatitis B (STOP B) Project offers free services to combat Hep B, a disease that infects 1 in 10 Asian American.

Our Services

- Hepatitis B screenings
- 3-shot vaccine course
- Low-cost treatment
- Outreach and education

2023 Achievement

- 597 Screened
- 397 Vaccinated



Funding
Support
since
FY2011



MENTAL HEALTH 360

Since 2015



Initiated by a group of community primary care providers and community advocates, this program aims to raise awareness of Asian American mental health issues and provide access to culturally adapted mental health services. This includes in-house professional mental health services and community mental health programs such as the PEARLs Program, etc.

Funding
Support
since
FY2015



2023 Achievement

We were invited to present a 90-minute session at the 2023 APA Annual Meeting in San Francisco, CA.

PREVENTION FOR ALL

Since 2003

This program helps promote disease awareness and prevention by providing preventive services, including immunizations, cancer screening, and wellness checks, to those who lack access to services due to low income, insurance status, health literacy, etc.

2023 Achievement

- 800+ flu and COVID vaccines delivered at 15 community sites
- 91+ uninsured patients received free labs
- 500+ attended our health fairs



Funding
Support
since
FY2019



ncoa
National Council on Aging

COMMUNITY HEALTH PROGRAMS

社區健康項目

ICCM

Since 2019

The Integrated Chronic Care Management (ICCM) program provides health education and comprehensive care management services to patients who suffer from multiple chronic conditions. With consent, our ICCM Counselor will contact the patient regularly between visits to troubleshoot barriers to implementing the care plan. Patients can also be connected to our chronic disease workshops - DSMP, CDSMP, BBC, etc.



2023 Achievement

- 86 patients enrolled in Chronic Care Management
- 41 hypertension patients achieved BP control
- 61 diabetic and hypertension patients lowered their A1C level or achieved BP control



NO PAIN INITIATIVE

Since 2015



Provides an integrative, non-medicated approach to chronic pain management, including psycho-behavioral and mental health interventions, and complementary medicine such as physical therapy, occupational therapy, and acupuncture treatments.

2023 Achievement

- 1595 sessions for 106 patients during 2021-2023
- 55% of chronic pain patients improved their pain level or confidence level



BENEFITS ENROLLMENT CENTER

Since 2013

Since 2013, we have offered free counseling services on health and health-related resources for community members who have barriers to accessing services. Benefit enrollment assistance services include information on Medicaid, Medicare Saving Plans, food stamps, low-income prescription assistance, housing and transportation subsidies, and more. This year, over 400 community members received services.



COMMUNITY HEALTH PROGRAMS

社區健康項目

VILLAGE PROGRAM

Since 2016

The Village Program is a continuous effort aiming to promote the well-being of the disability community by providing support and education, resource referrals, and other necessary resources for community members with disabilities. Services provided include support for caregivers of patients with dementia (BBC Workshops) and services for families with special needs children.

2023 Achievement

2 (6 sessions each) Building Better Caregivers workshops (22 participants)



Funding Support in FY2019



PEARLS PROGRAM

Since 2020

Funding Support since FY2021



Partnering with the Maryland Living Well Center of Excellence, PEARLS (Program to Encourage Active and Rewarding LiveS) is a one-on-one evidence-based program designed to reduce depression in physically impaired and socially isolated adult individuals. This program is offered in 6-8 sessions over 19 weeks by a certified PEARLS Counselor.

2023 Achievement

Provide support and counseling services for 20 depressed and socially isolated seniors.

PROMISE CAMP

Since 2023

The Program for Meaningful Interaction and Social Engagement (PROMISE) is a joint effort between the University of Maryland, CAPA-MC, and community professional volunteers. It is designed to help children with special needs. The program consists of activities to improve children's skills - emotion regulation, sportsmanship, interpersonal, conversation, and friendship skills.

2023 Achievement

- 8 Support Groups for families with disabilities
- 1 (6 sessions) Promise Camp serving 20 families



Funding Support



COMMUNITY HEALTH PROGRAMS 社區健康項目

CULTURAL BROKER PROGRAM

Since 2023

The CCACC-Doreen Shing Cultural Broker Program is funded by the Developmental Disability Council of Maryland. Our goal is to ensure Marylanders with developmental disabilities and their families can access resources and support to live self-determined lives. We partnered with Doreen Shing to develop and lead a community-based support system for people with developmental disabilities.

2023 Achievement

Partner with Doreen Shing for the Cultural Broker Program.



Funding Support in FY2023



Maryland Developmental Disabilities Council

CREATING CHANGE • IMPROVING LIVES

OVERDOSE RESPONSE PROGRAM

Since 2023



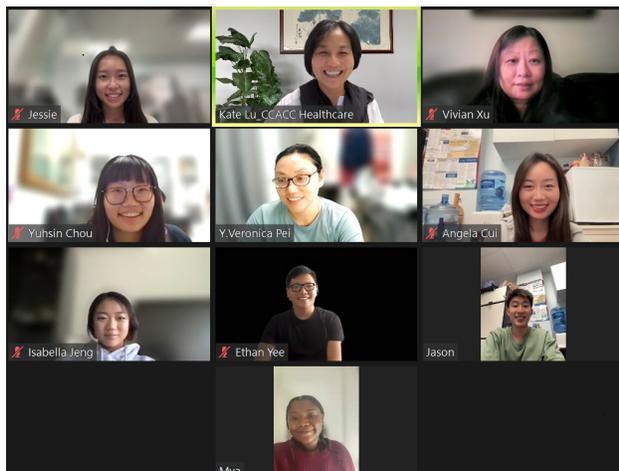
Funding Support



CCACC is certified as an Overdose Response Program (ORP) by the Maryland Department of Health and is authorized to conduct naloxone training and dispense naloxone. The effort is led by Dr. Yang Veronica Pei and a team of volunteers from local universities and high schools.

2023 Achievement

- 6 training sessions
- Delivered over 50 Narcan kits to trained community members



HIGHLIGHTS 亮點



HRSA GRANT

May 6, 2023

CCACC Health Center was awarded an one million dollar grant from HRSA for clinic relocation and expansion. We expect to service more patients in our new center by mid-2024.

MENTAL HEALTH 360

May 23, 2023

The Mental Health 360 Program was invited to present a 90-minute session at the 2023 American Psychiatric Association's Annual Meeting.



CHARITY GOLF CUP

June 23, 2023

CCACC's 4th Charity Golf Cup successfully raised charity funds to help 88 uninsured community members receive free preventive health services.

SAMHSA VISIT

September 06, 2023

SAMHSA Secretary, Dr. Miriam E. Delphin-Rittmon and team visited CCACC.



HIGHLIGHTS 亮點



VACCINE UPTAKE INITIATIVE

We delivered over 800 flu and COVID vaccines to community members at 15 community sites throughout Montgomery County.

HEALTH EDUCATION

We continued to work hard on providing health education.

This year, we hosted

- 12 Health Talks
- 5 Chronic Disease Workshops
- 2 Youth Mental Health First Aid
- 5 Overdose Response Program Trainings



AAPI HEALTHCARE NETWORK GATHERING

In February 2023, we began a new tradition of forming an AAPI healthcare provider network. Over 80 community healthcare providers (primary care, specialty care, mental health professionals, etc.) attended the meeting. Through this event, healthcare providers get to know about each other's service, and form a strong collaboration.



PICKLEBALL CUP
MAY 06, 2023

CHARITY GOLF CUP
JUNE 23, 2023



FLU SHOT DRIVE
SEPTEMBER 12, 2023

FOREST OAKS TOWER
MINI HEALTH FAIR
SEPTEMBER 21, 2023



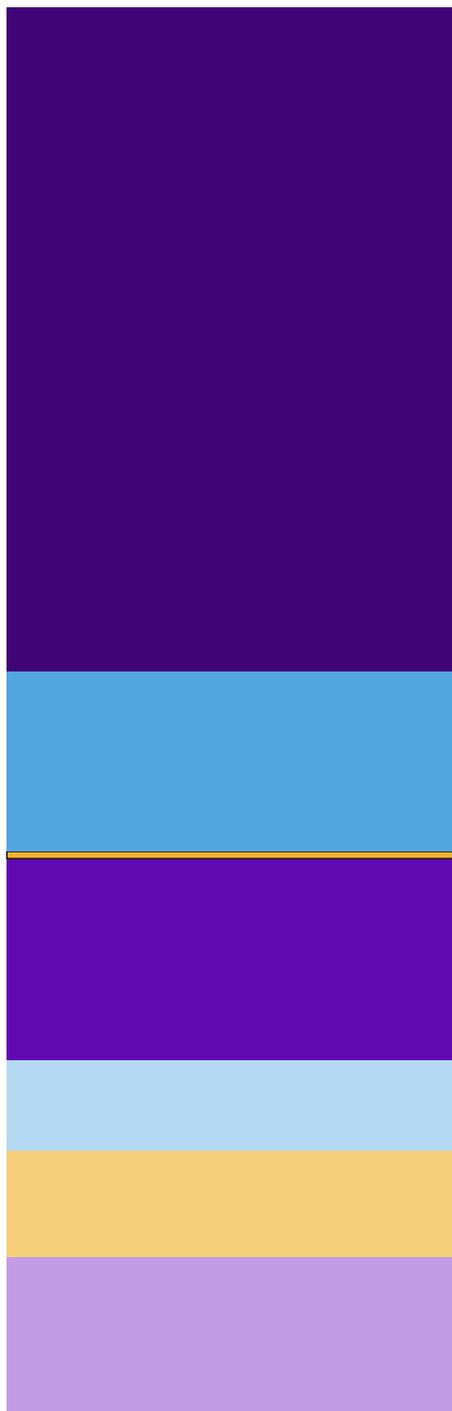
ANNUAL HEALTH FAIR
OCTOBER 07, 2023

VOLUNTEER
APPRECIATION PARTY
DECEMBER 08, 2023



STATISTICS 數據

Our Services 服務項目

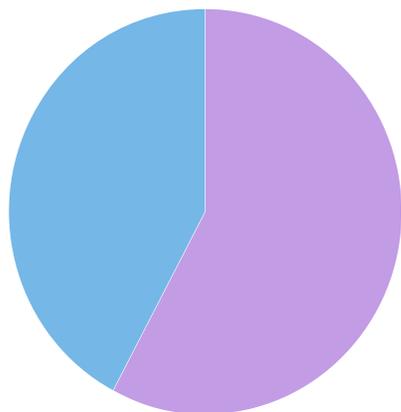


All encounters 5175

- Primary Care 47%**
Primary Care Visits: 2384
Primary Care Tele Visits: 56
- Immunization 13%**
Immunization Visits: 662
- Specialty Care 1%**
Specialty Care Visits: 27
Specialty Care Tele Visits: 1
- Behavioral Health 14%**
Behavioral Health Visits: 610
Behavioral Health Tele Visits: 131
- Care Management 6%**
Care Management Visits: 331
- Physical Therapy 8%**
Physical Therapy Visits: 392
- Occupational Therapy 11%**
Occupational Therapy Visits: 581

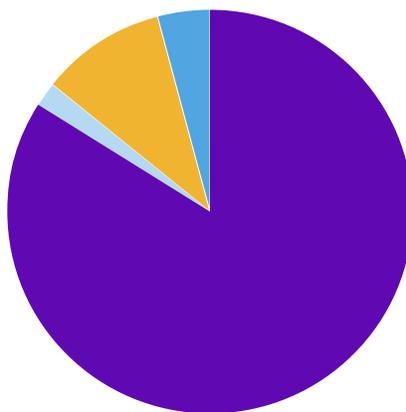
STATISTICS 數據

Patient Background 病人



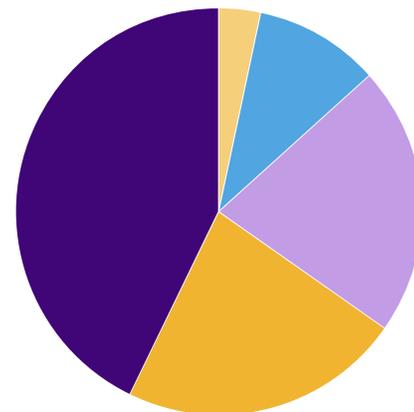
Patient Gender

Female 58%
Male 42%



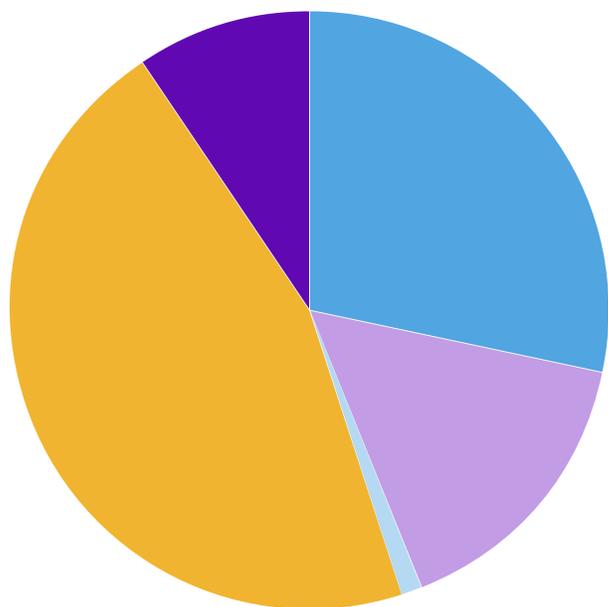
Patient Race

Asian 84%
Black 2%
White 10%
Other Race 4%



Patient Age

Under 18 4%
18-34 10%
35-54 22%
55-65 22%
Over 65 43%



Patient Insurance

MCares 441 (28%)
Medicare 224 (16%)
Medicaid (only) 15 (1%)
Commercial 711 (46%)
Self-Paid 144 (9%)

FUTURE GOALS 展望未來



A NEW CENTER

We hope to move to a new center by mid-2024, providing comprehensive one-stop service to serve more patients and clients.



HIGH-QUALITY CARE

We will continue to offer high-quality medical and health services to community members in need, helping to keep the community healthy.



MORE PROGRAMS

We will continue to provide health programs to encourage preventive care, disease management, mental health, and health education through our various community health programs.

INSPIRING STORIES

見證



“ Every time I came, I got better, the pain got better, and I just kept doing my exercises Ms. Cheryl gave me to do at home and here, things just start improving. And later I was really surprised how quick, you know, things happen, that I could start doing all these things I couldn't do before. And it didn't take long, you know, and I just continued to come, and the more I came the better I got, each and every day. And I thank God for that, and thank God for you all, because now I can do all the things I've been doing.

AUDREY TYLER
CCACC HEALTH PATIENT
健康醫療中心病患

感谢信.

我和我的先生都是泛五门诊部的病人,我要非常感谢泛五门诊部的医生和护士悉心的给予帮助让我先生开始重视乙肝的治疗,为改变了以往的不良生活习惯,更加珍重生命。

泛五门诊部的服务对我们有语言障碍的病人来说,就像回到家一样,不用担心,感到方便和放心,我们也非常的支持门诊部的工作,希望你们能永久开放下去,给像我们一样

我们非常满意,谢谢你们。

董佳音 3/31/22

03/24/2022

Vine por primera vez y mi experiencia fue muy agradable, desde que llame para hacer cita atención muy bien recibí respuesta rápida. La Atención es muy buena, son muy eficientes atendiendo al paciente. Los Medicamentos que recetan son muy buenos. Es una impresión buena ya que en algunas otras instituciones no te priorizan por el no ser legal, y en esta clínica atienden pronto, no tienes que esperar mucho tiempo.

Estoy muy contento, voy mejorando gracias a la atención brindada.

Todos son muy amables.

Gracias por su tiempo y su atención.

L.R.

THANK YOU 誠摯感謝

Grantors 服務



- Asian American Health Initiative (AAHI)
- City of Rockville
- City of Gaithersburg
- Healthcare Initiative Foundation (HIF)
- Health Resources & Service Administration (HRSA)
- Maryland Community Health Resources Community (CHRC)
- Montgomery County Government
- National Council of Aging

THANK YOU 誠摯感謝

Community Partners 服務



- Association for Chinese American Physician - Mid-Atlantic Chapter (ACAP-MAC)
- Asian American Center of Frederick (AACF)
- Asian American Inter Community Service (AICS)
- Chinese American Community Health Service (CACHS)
- Chinese American Parents Association - Montgomery County (CAPA-MC)
- George Mason University, Dept of Health Administration and Policy
- George Washington University, School of Counseling
- Hepatitis B Initiative of Washington DC (HBI-DC)
- Korean Community Service Center (KCSC)
- LabCorp
- Maryland Living Well Center of Excellence
- Primary Care Coalition (PCC)
- University of Maryland, School of Psychology
- University of Maryland, School of Social Work

THANK YOU 誠摯感謝

Our Volunteers 義工團隊



THANK YOU 誠摯感謝

Our Donors 愛心捐款者

QOSTC Professional Woman League

- Linda Streitfeld
- Virginia McCord Mecklenburg
- Renee Jenkins
- Yuxia Jia
- Pamela Ghavani
- Heena Acharya
- Casma Huie
- Maureen Zaniel
- Val Robertson
- Katharine Vincent
- Drs. Jin Chen and Jinjie Hu (Huchen Foundation Corporation)
- Susan Decker
- Raquel Wilson
- Lisa Tuvalo



Pickleball Cup

- Beautiful Middle Agers: Kate Lu, Avery Wan
- The Pans: Shengting Pan, Brandon Pan
- FF Fraternity: Johnny Ma, Rosanna Kwok
- Kirby's: Jamal
- Pickleball GO: Cheryl Fong, Logan Cheng
- Bethesda Trio: Yaoyao Zhu, Paul Liu
- Chen & Cher: Charles Chen, Scheeun Cher
- FF Fraternity 2: George Men, Jonathan Liu
- Great Wall Shopping Cart: Simon Liu, Bliss Zheng
- Lee & Hwang: Jing Lee, Ray L. Hwang
- Li & Teng: Paul Li, Chung-Chu Teng
- Li & Xu: Jane Li, Roger Xu
- Team Wang: Qing Wang, Jerry Wang
- The Cabalu Group of Wells Fargo Advisors: George Cabalu, Terry Hsiao
- The Youngs: Vincent Young, Joanne Young, Runkun Gao

Donors

- Title Sponsor: The Cabalu Group of Wells Fargo Advisors - George Cabalu
- Solid Gold, Inc.
- Dr. Mo-Ping Chow
- Joe Flaherty's Dolphins
- MGM National Harbor Hotel & Casino

Charity Golf Cup

Healthcare for All - Title Sponsors

- Steward Partners Global Advisory (Ted Schwab)
- 355 Code (Tim Yang)

PAVHC Charity Care

- CareFirst BlueCross BlueShield

Mental Health 360

- CCACC Board

PEARLs Program

- Oma Sushi & Oyster Bar (Sushi Oishii)

STOP B Project

- Solid Gold, Inc. (Gina Chen)

Prevention for All

- Joe Flaherty's Dolphins
- T and T Consulting Services

Gift Sponsors

- Richland Golf Club
- 4imprint
- MGM National Harbor
- T and T Consulting Services Inc.
- Li-Mei Zhang
- Rita Lewi

Donors

- Dr. Mo-Ping Chow
- Yeh-Fong Chen
- Charles Chen
- Alven Lam
- Phil Zen
- Gang Len Chang
- Chung C Fu
- Eric Ho
- Chung-Chu Teng
- Meiyue Zhou



SUPPORT US IN 2024

請繼續支持我們

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DONATE



VOLUNTEER

